



Women's Shadow Work® Weekend

Embracing, Honoring and Transforming our Shadow Energy

February 18, 19 & 20, 2011

Houston, TX non-residential

Fri. 6:30 pm - 10:00 pm * Sat. 9:00 am - 6:00 pm * Sun. 9:00 am - 3:30 pm

Shadow Work® offers an opportunity to look at four archetypal energies that we each carry within. We learn how to use these energies in our lives with intention and focus; to fulfill our purpose and manifest our dreams.

Lover Energy allows us to access our emotions, connect with others and pay attention to the wisdom of our body.

Warrior Energy teaches us to set boundaries and protect ourselves. This is an important energy to use to access our power.

Magician Energy guides us in transforming our perspective and using our intuition and intellect in productive and powerful ways.

Sovereign Energy clarifies our passions and visions while supporting us in pursuing these dreams for ourselves, as well as blessings others.

Shadow Work® is a personal growth process which brings awareness to the hidden aspects of ourselves, empowering us to use our energy as we choose, with intention and clarity. We bring light to those parts we hide, repress and deny, even our gifts and magnificence. In Shadow Work® we explore the inner landscape and discover the gifts available in our shadow. During this weekend, you're invited to participate in a variety of processes, creative expressions and meditations to assist you in connecting with your GOLD!



Sally

Sally Bartolameolli is a published author, healer and teacher; committed to inspiring people to embrace their own Divinity within. She is offering e-courses, coaching and promoting her new book on Feminine Spirituality. Visit her website: www.cosexaddiction.com and www.blessingsfrommary.com Contact salbart@mac.com or Call 713.906.9808



Rhonda

Rhonda Gaughan is a gifted facilitator and coach; passionate about healing and empowerment. She is a leader in Woman Within, a certified SW coach and partner with her husband, John, in business and couples coaching. Visit her website: www.truensight.com. Email Rhonda at rwgaughan@truensight.com or Call 713.533.9556.

COST

\$350.00 early registration

\$400.00 after January 20th

Please return this section with deposit or full payment to:

Sally Bartolameolli
4225 Purdue St. #G
Houston, TX 77005

Name _____

Address _____

City _____

State _____ **Zip** _____

Email _____

Home Phone _____

Cell Phone _____

Receive a \$50 discount when paid in full by January 20th. A \$100 nonrefundable deposit holds your space.