

Shadow Work Weekend

September 5th - 7th 2008

1712 Fairview, Houston, TEXAS 77006

FRIDAY AT 6:30PM - 9:30PM SATURDAY 9:00AM - 6:00PM SUNDAY 9:00AM - 4:00PM

non-refundable deposit of \$100.00 due to reserve spot ~early registration discount

There will be several Center Work processes. If you wish to do a process, you will have the opportunity to claim this time for yourself. We also believe that witnessing another's work is a profound healing for all.

Judge Mattocks, Jr. comes from a background of recovery and self development. As a student and football player at UNC, he brings a variety of experiences from a non-dominant cultural point of view. Judge is a certified Shadow Work coach, experienced SW facilitator and co-leader in the Mankind Project. He began his journey in developing his own unique understanding of behavioral patterning in diversity at The Center for the Healing of Racism. Judge brings this wisdom to his teaching and leadership. Judge is also active in welcoming and honoring veterans returning from war in the Veterans Journey Home weekend. Judge has raised the bar of awareness and healing in the arenas of sexual, spiritual, cultural and gender differences by challenging stereotypical thinking and bringing his insightful compassion.



Sally Bartolameoli, M.Ed. is a certified Shadow Work facilitator, Holistic Health Counselor and published author of 'Relationships, from Addiction to Authenticity.' She has been involved in addressing addictive systems and facilitating emotional healing work for twenty years. Her next book focuses on the necessity of connecting with Sacred Divine Feminine energy and how to find one's Divine Purpose through Spiritual Surrender. Sally is passionate about emotional and spiritual healing work. She believes that our greatest gifts of service to others come out of our own courageous personal and spiritual healing journeys and most especially from embracing our own shadows.



Sovereign Energy

This symbol represents leadership, vision and greatness. Also the characteristics we attribute to Sovereign energy in Shadow Work.

Lover Energy

This symbol represents 'heart' in the Ashanti tribe. In Shadow Work, this is the part of us that connects to our feelings and knows how to connect and be close to others.



Warrior Energy

This symbol in the Ashanti tribe and in SW is about Warrior energy. We use it to protect ourselves, set boundaries and use strength to follow our visions.

Magician Energy

This symbol in Ashanti tribe represents transformation. In Shadow Work Magician energy allows us to see new perspectives and transform ourselves.



The symbols are ancient Adinkra Symbols from the Ashanti Tribe in West Africa. Each symbol represents an archetypal energy that we work with in Shadow Work circles.

In this weekend experience, special intention and attention is offered to participants in a variety of activities, visualizations and Center Work processes, knowing that our 'aha' experiences may come unexpectedly. We encourage and honor individual choice in the level of participation throughout the weekend.

We believe that all human beings have both gifts and wounds in each of these energies. In Shadow Work, we invite participants to connect with these archetypes within themselves and to explore both the shadow and the blessing.

Send this **Registration** to: Judge Mattocks, Jr.

P.O. Box 2171, Houston, TX. 77252-2171

Contact Judge @ 713-542-9544 email: jslmj@earthlink.net

Contact Sally @713-906-9808 email: salbart@mac.com

Please contact either of us with questions.

NAME:

PHONE:

EMAIL:

\$350.00 received by August 1st, 2008

\$400.00 after August 1st, 2008